



PARENTING TIPS

for the Special Needs Family

Caring for a child with special needs can be both rewarding and challenging, requiring a deep well of education, patience, and support. Holly Riordan, a social worker at Little Friends Wellness Center, understands the unique experiences parents face.

Holly will share valuable strategies, including creating predictable routines, fostering open communication, promoting independence, and prioritizing self-care. It's also vital to celebrate even the smallest victories! You don't have to navigate this alone—utilizing available resources can make a world of difference.

OCTOBER 3, 2025
6-8 PM

A light dinner/refreshments will be provided along with time for attendees to connect.

Questions? Please call 630.355.6533

27555 Diehl Rd., Warrenville IL, Entrance G

Limited On-Site Care Services will be available during the event for the children of those attending.

Pre-register here: <https://forms.gle/zSTWtx3CmtMa68mJ7> for On-Site Care Services by WEDNESDAY, OCTOBER 1, 2025.

Direct questions about the On-Site Care to Amber Tinney at 630.281.1845 or atinney@lilfriends.com

Our Mission

The mission of the Family Support Network is to link the common bond between Little Friends families and friends of children and adults with intellectual and developmental disabilities at the different stages thru life's journey.

Our Vision

Family Support Network will offer socialization opportunities for families along with the information, resources and support they need to make informed choices for their loved ones.

